

Fruit and Vegetables

Telephone: 01903 282 220



Vegetables

ARTICHOKE GLOBE	COURGETTE YELLOW	TOMATO GREEN
ARTICHOKE JERUSALEM	COURGETTES	TOMATO HERITAGE
ASPARAGUS	CURLY KALE	TOMATO LOOSE
AUBERGINE	CURLY RED KALE	TOMATO PLUM VINE
BABY VEGETABLES	EXTRA FINE BEANS	TOMATO VINE
BEETROOT	FENNEL	TOMATOES BEEF
BEETROOT CANDY	FINE BEANS	TOMATOES CHERRY
BEETROOT GOLDEN	GINGER	TOMBERRIES
BEETROOT IN BUNCHES	HALLOWEEN PUMPKIN	TURNIPS
BEETROOT WHITE	HORSERADISH	MANY MORE VARIETIES ARE
BROCCOLI	KOHLRABI	AVAILABLE WITH IN THE SEASON
BROCCOLI PURPLE SPROUT	LEEKS	
BROCCOLI TENDER STEM	MANGE TOUT	
BRUSSEL SPROUT	MOOLI LARGE	
CABBAGE GREEN	OKRA	
CABBAGE HISPI	PARSNIPS	
CABBAGE RED	PEPPERS CHARLISTON	
CABBAGE WHITE	PEPPERS GREEN	
CARROT CHANTENAY	PEPPERS JALAPENO	
CARROTS	PEPPERS PADRON	
CARROTS MIX CHANTENAY	PEPPERS RAMIRO	
CARROTS PURPLE	PEPPERS RED	
CARROTS YELLOW	PEPPERS ROMANESCO	
CAULIFLOWERS	PEPPERS SIVRI	
CAVOLANERO	PEPPERS YELLOW	
CELERIAC	POTAOES JACKET	
CELERY	POTATOES BABY	
CHARD RAINBOW	POTATOES RED	
CHARD SWISS	POTATOES SACK	
CHESNUTS	PREPARED VEGETABLES	
CHILLIES BULLET	RUNNER BEANS	
CHILLIES GREEN KENYA	SAVOY CABBAGE	
CHILLIES GREEN LONG	SPRING GREENS	
CHILLIES PEPPERS SCOTCH BONNEY	SQUASH BLUE CROWN	
CHILLIES RED LONG	SQUASH BUTTERNUT	
CHILLIES THAI RED	SQUASH MIXED	
CHINESE LEAF	SQUASH ONION	
CORN ON THE COB	SUGARSNAP	
COURGETTE FLOWER	SWEDE	
COURGETTE ROUND	TOMATO CHERRY VINE	

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Mushrooms

BUTTON MUSHROOMS
CEPE MUSHROOMS
CHESTNUT MUSHROOMS
CUP MUSHROOMS
DRIED WILD MIXED MUSHROOMS
ENOKI MUSHROOMS
EXOTIC WILD MUSHROOMS
FLAT MUSHROOM
GIROLLE MUSHROOM
KING OYSTER MUSHROOM
OYSTER MUSHROOM
PORTOBELLO MUSHROOM
SHIITAKE MUSHROOM
SHIMJI MUSHROOM
WILD MUSHROOMS
YELLOW OYSTER MUSHROOM

**MANY MORE VARIETIES ARE
AVAILABLE WITH IN THE SEASON**

Onions

BANANA SHALLOT
GARLIC
GARLIC WILD
ONION ENGLISH
ONION SPANISH
RED ONION
ROUND SHALLOT
SMOKED GARLIC STRING
SPRING ONION
STRING GARLIC
THAI SHALLOTS

Herbs

BASIL
BAY LEAF
CHERVIL
CHIVES
CORIANDER
CURLY PARSLEY
CURRY LEAF
DILL
EDIBLE FLOWERS
FENUGREEK
FLAT LEAF PARSLEY
LAVENDER
LEMON GRASS
LEMON THYME
LIME LEAVES
LOVAGE
MICRO HERBS
MINT
OREGANO
ROSEMARY
SAGE
SAMPHIRE
SORREL
TARRAGON
THAI-BASIL
THYME

Salads

BABY SPINACH
BREAKFAST RADISH
BULLS BLOOD
CHARD RED
CHICORY
CHICORY RED
COS LETTUCE
CUCUMBER
FRISSE/ENDIVE
ICEBERG LETTUCE
LAMB'S LETTUCE
LITTLE GEM LETTUCE
LOLLO BIONDE
LOLLO ROSSO
MESCLUN
MINI CUCUMBER
MIX BABY LEAVES
MIZUNA
MUSTARD CRESS
OAKLEAF SALAD
RADICCHIO
RADISH
RED GEM LETTUCE
ROCKET
ROUND LETTUCE
SAKURA CRESS
WATERCRESS

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Fruits

APPLES GOLDEN DELICIOUS
APPLES BRAEBURN
APPLES COOKING
APPLES GRANNY SMITH
APPLES PINKLADY
APPLES RED CHIEF
APPLES ROYAL GALA
APRICOT
AVOCADOS
BANANA
CHERRY
CLEMENTINE
FIG
GRAPEFRUIT RED
GRAPEFRUIT WHITE
GRAPES RED GLOBE
GRAPES RED SEEDLESS
GRAPES WHITE SEEDLESS
KIWI
LEMON
LIME
LYCHEE
MANGO
MELON CANTALOUPE
MELON GALIA
MELON HONEYDEW
MELON WATER
NECTARINE
NECTARINE FLAT
ORANGE
ORANGE JUICING
PEACH
PEACH FLAT
PEAR CONFERENCE
PEAR WILLIAM
PEAR YA
PEARS COMICE
PINEAPPLES
PLUM RED
PLUMS VICTORIA

PLUMS YELLOW
POMELO
QUINCE
RHUBARB
SHARON FRUIT
STAR FRUIT

Exotic Fruits

APPLE BANANA
ARROW ROOT
AVOCADO
BANANA LEAF
BEANSPROUT
CASSAVA
COCONUTS
DATES MEDJOL
DRAGON FRUIT
GALANGAL
GREEN BANANA
GREEN MANGO
GREEN PUMPKIN
GUAVA
JACK FRUIT
PAK CHOI SHENGHAI
PASSION FRUIT
PAW PAW
PHYSALIS
PLANTAIN
POMMEGRANATE
PUMPKIN
TOFU
UNG CHOI
YAM
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Berries

BLACKBERRY
BLACKCURRENT
BLUEBERRY
CRANBERRY
CURRANT RED
CURRANT WHITE
GOOSEBERRYS
RASPBERRY
STRAWBERRIES

**Adams wholesale supplies more than
400 different fresh fruit, salad and
vegetables.**

**PLEASE FEEL FREE TO CONTACT US
IF THE PRODUCT YOU LOOKING FOR
IS NOT LISTED HERE.**